

## CHRISTIAN CARVALHO SUMMER CAMP 2020

It is with great joy that *Christian Carvalho Martial Arts* will develop this summer of 2020 extra activities in the morning for our kids and teens. Our *Summer Camp* and *single classes* will be more programs to add on our curriculum to benefit your child.

In order to offer more services, our Summer Camp and extra classes in the morning will be new options with safety and trust for all our students during the months of *June, July and August*.

### **Summer Camp Goals:**

Our main goal is the *educational* and *athletic* development of our children. Inside a safe, trustful, clean and organized space with responsible instructors - that are also parents - which experience can impact positively a child on their psychological development.

Another goal is to offer practicality for our parents during the summer school recess with an option to leave them with professors that you already trust.

### **Why our summer camp?**

1. Children will exercise physically and mentally for hours every morning.
2. Youth socialization helps in their education.
3. Disconnection from cell phones, tablets and technology.
4. Hard training, self-defense, games and activities to burn energy and have fun at the same time.
5. Social and emotional development for each child.

### **Summer Camp Schedule:**

Starting date: Mon June 8<sup>th</sup> to Friday August 14<sup>th</sup>, 2020.

Time: from 9 am to 1 pm.

Activities:

9-10:30 am: Martial Arts Training (No Gi uniform)

10:30-11:30 am: Games and activities (fun time)

11:30-12 pm: Lunch (food provided by parents- cooler with drinks provided by the gym)

12-1 pm: Movie-board games-video game

### **Price Options:**

1. Package 5 days with 4 hours (Mon to Fri): \$169 per week
2. Package 5 days with 2 hours (Mon to Fri): \$149 per week
3. Package 3 days with 4 hours (M-F): \$139
4. Package 3 days with 2 hours (M-F): \$129

### **Daily drop off rates:**

1. Full day 4 hours: \$50
2. Half day 2 hours: \$40
3. 1-hour practice: \$25

**Family Discount: 20% off for the 2<sup>nd</sup> family member and 50% for 3<sup>rd</sup> or more!**

Any comments or questions contact us

561-632-0430 cell / 561-828-1599 Gym

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*Sensei Christian Carvalho*